

Move Through YOGA



BALANCING LIFE AND SCHOOL
THROUGH MOVEMENT

Maple Grove Elementary

W E D N E S D A Y S
A F T E R
S C H O O L
2 : 3 5 - 3 : 3 5

YOUTH PROGRAM 8 weeks

Our one-hour, co-ed classes are FUN interactive lessons taught by certified MTY instructors. Students will be moving, opening their hearts, and settling their minds in stillness. Our program ensures students are getting their social- emotional education while building physical strength and balance.

ONLINE REGISTRATION
Required by February 18

EARLY BIRD DISCOUNT

Deadline February 7th

First student \$150

Siblings \$140

After February 7th

First student \$160

Siblings \$150

Registration closes at midnight the day before class begins.
Registration, payment and digitally signed waivers
accepted online only.

WHEN

2/19, 2/26, 3/4, 3/11, 3/18, 4/1, 4/8, 4/15

Join us after school in Cottage 4.

All students must be picked up by 3:40

*Minimum of 5 students required



QUESTIONS?

720.619.0933

info@movethroughyoga.org

We can't wait to MOVE WITH YOU!

www.movethroughyoga.org/register